

Outpatient Services

Counseling services are provided to children, adolescents, and adults for 1:1, group, family, and couple's therapy. Therapists are here to meet the counseling needs for individuals who are experiencing emotional stressors from mental health diagnoses, life stage changes, parenting and grief and loss issues. Services are provided at our private offices and reimbursed by insurances and co-pays. Our goals are to provide listening and feedback to assist in your emotional health

Mental Health Skills-Building

Mental Health Skills-Building Services provides one to one skills training, reinforcement and assistance in the areas of independent living skills, social functioning, communication skills, health, safety, personal care, relationship building, accessing community resources, money management/budgeting, monitoring health, nutrition, and exercise. Services are provided in the home and community and vary based on the needs of our clients. The minimum age for Mental Health Skills-Building Services is 18-years old.



Intensive In-Home Services

Intensive In-Home Services are provided to children and adolescents who demonstrated a clinical necessity arising from a condition due to mental, behavioral, or emotional illness that results in significant functional impairments in major life activities.

Targeted outcomes focus on keeping the child in their home as opposed to out-of-home placement and to alleviate/decrease interventions by mental health, social services and the judicial system.

*For MHSB and IHS we also provide integrated treatment for individuals with co-occurring mental health and substance abuse disorders in order to positively impact mental health conditions.



Therapeutic Day Treatment Services

Therapeutic Day Treatment Services are provided to children and adolescents who have mental, behavioral and/or emotional illnesses which significantly impair or threaten school participation. Therapeutic Day Treatment Services are school based and consist of components that include case management, medication education, individual, group and family counseling, and crisis intervention. Targeted outcomes focus on decreasing referrals for negative behavior, maintaining children in their community schools, and improving their educational performance.

